

# ADULT TENNIS

**FitTennis-** is an engaging group fitness program featuring the heart pumping effects of tennis drills, games and skills delivering the ultimate full body and calorie burning aerobic and anaerobic workout. FitTennis is a very social activity for all ages, ability and fitness levels.  
Location: Outdoor Clay Courts.

**Start/ Restart-** Whether you are wanting to learn the sport of a lifetime or you haven't played in 20 years and need a refresher course on the new techniques, this drill is designed for you. Location: Outdoor Clay Courts

**Start Restart FREE\*** -You are eligible for 1 Start Restart session this summer if you have not taken a drill or taken a class at the South Barrington Club in the last year. Location Outdoor Clay Courts

**2.5+ Drill and Play-**This drill is designed for players looking to advance their USTA level or learn new techniques. This drill will focus on technique, singles and doubles strategy and tactics. Location: Outdoor Clay Courts

**3.0+ Drill and Play-** (formally intermediate drill)- Players will develop more advanced ball control and consistency, as well as tactics to better understand the fundamentals of court coverage in both singles and doubles play. Players will learn to apply basic spins and receive spin for groundstrokes, volleys and serves. Location: Outdoor Clay Courts

**3.5+ Drill and Play-** (formally intermediate advanced drill)- The drills sessions are designed to put players through drills, strategy and tactical workouts with emphasis on technique. The sessions are fast paced and challenging. This is a perfect way to take your game to the next level! Each lesson will be broken down into three 30-min phases of play with focus on serve and return, rallying from the baseline, and playing the net. Location: Outdoor Clay Courts

**3-5-4.0 Drill and Play-** Players will learn to gain increased ball control and consistency, as well as tactics to better understand court coverage in both singles and doubles play. The program will also focus on the offensive aspects of the game, including attacking, hitting balls on the rise, and finishing points at the net. This drill and play will be high intensity. Location: Outdoor Clay Courts

| Summer                      |     |                |      | Session I                         |      | Session II                         |      | Session III                       |  |
|-----------------------------|-----|----------------|------|-----------------------------------|------|------------------------------------|------|-----------------------------------|--|
|                             | Day | Time           | Code | June 1-June 26<br>Member / R / NR | Code | June 28 July 24<br>Member / R / NR | Code | July 26- Aug 14<br>Member / R/ NR |  |
| FitTennis DROP-IN           | TU  | 6:00pm-7:00pm  | 5901 | \$20/\$25/\$30                    | 5911 | \$20/\$25/\$30                     | 5931 | \$20/\$25/\$30                    |  |
| FitTennis DROP-IN           | F   | 9:00am-10:00am | 5902 | \$20/\$25/\$30                    | 5912 | \$20/\$25/\$30                     | 5932 | \$20/\$25/\$30                    |  |
| Start / Restart             | M   | 12:00pm-1:00pm | 5903 | \$75/\$81/\$87                    | 5913 | \$100/\$108/\$116                  | 5933 | \$75/\$81/\$87                    |  |
| Start / Restart             | W   | 6:00pm-7:00pm  | 5904 | \$100/\$108/\$116                 | 5914 | \$100/\$108/\$116                  | 5934 | \$75/\$81/\$87                    |  |
| Start / Restart FREE*       | SA  | 12:00pm-1:00pm | 5905 | FREE                              | 5915 | FREE                               | 5935 | FREE                              |  |
| 2.5+ Drill and Play         | TU  | 12:00pm-1:30pm | 5906 | \$148/\$156/\$164                 | 5916 | \$148/\$156/\$164                  | 5936 | \$111/\$117/\$123                 |  |
| 2.5 +Drill and Play         | TH  | 6:00pm-7:30pm  | 5907 | \$148/\$156/\$164                 | 5917 | \$148/\$156/\$164                  | 5937 | \$111/\$117/\$123                 |  |
| 3.0 +Drill and Play         | TH  | 12:00pm-1:30pm | 5908 | \$148/\$156/\$164                 | 5918 | \$148/\$156/\$164                  | 5938 | \$111/\$117/\$123                 |  |
| 3.0 +Drill and Play         | TU  | 6:00pm-7:30pm  | 5909 | \$148/\$156/\$164                 | 5919 | \$148/\$156/\$164                  | 5939 | \$111/\$117/\$123                 |  |
| NEW! 3.5-4.0 Drill and Play | SA  | 9:00am-10:30am | 5940 | \$148/\$156/\$164                 | 5950 | \$148/\$156/\$164                  | 5960 | \$111/\$117/\$123                 |  |

MORGAN TENNIS CENTER

NEW

South Barrington Club  
3 Tennis Club Lane • South Barrington  
847 381-2570 • sbpd.net

Summer '21



Spongeball Academy

Ages: 4-6 • Indoor Tennis Courts

Spongeball will be taught on the 36-foot court using USTA transition balls. Players will be introduced to basic tennis skills through throwing and catching. Footwork, FUN, hand-eye and partner coordinated rills will be emphasized at this level. 1 week sessions.

| Code | Time           | Session       | Day   | Fee  |
|------|----------------|---------------|-------|------|
| 5801 | 12:15pm-1:00pm | Jun 1-Jun 4   | TU/TH | \$33 |
| 5802 | 12:15pm-1:00pm | Jun 7-Jun 11  | TU/TH | \$33 |
| 5803 | 12:15pm-1:00pm | Jun 14-Jun 18 | TU/TH | \$33 |
| 5804 | 12:15pm-1:00pm | Jun 21-Jun 25 | TU/TH | \$33 |
| 5805 | 12:15pm-1:00pm | Jun 28-Jul 2  | TU/TH | \$33 |
| 5806 | 12:15pm-1:00pm | Jul 5-Jul 9   | TU/TH | \$33 |

Red Ball Academy

Ages: 5-9 • Indoor Tennis Courts

Red Ball is for those children who are ready for skills taught on a 36- foot court that require hand- eye coordination, the ability to work with a partner, footwork drills and the beginning of stroke development. The last 45 minutes of this class will focus on match play and keeping score.. 1 week sessions.

| Code | Time    | Session       | Day   | M/R/NR            |
|------|---------|---------------|-------|-------------------|
| 5815 | 1pm-3pm | Jun 1-Jun 4   | TU-TH | \$132/\$142/\$152 |
| 5816 | 1pm-3pm | Jun 7-Jun 11  | M-TH  | \$176/\$186/\$196 |
| 5817 | 1pm-3pm | Jun 14-Jun 18 | M-TH  | \$176/\$186/\$196 |
| 5818 | 1pm-3pm | Jun 21-Jun 25 | M-TH  | \$176/\$186/\$196 |
| 5819 | 1pm-3pm | Jun 28-Jul 2  | M-TH  | \$176/\$186/\$196 |
| 5820 | 1pm-3pm | Jul 5-Jul 9   | M-TH  | \$176/\$186/\$196 |

Daily Fee

| Code | Session   | M/R/NR         |
|------|-----------|----------------|
| 5877 | Daily Fee | \$54/\$64/\$74 |

Orange / Green Ball Academy

Ages 6-12 • Indoor Tennis Courts

Orange/ Green Ball is for those children ready for the 60- foot court and beyond! This Academy level will focus on the growth of your child’s tennis development in a fun yet structured format. Coaches will focus on improving specific techniques with each stroke to ensure success when transitioning to the next level. Classes will be combined, however athletes will be divided based on their ability. 1 week sessions.

| Code | Time    | Session       | Day   | Fee M/R/NR        |
|------|---------|---------------|-------|-------------------|
| 5830 | 1pm-4pm | Jun 1-Jun 4   | TU-TH | \$198/\$208/\$218 |
| 5831 | 1pm-4pm | Jun 7-Jun 11  | M-TH  | \$264/\$274/\$284 |
| 5832 | 1pm-4pm | Jun 14-Jun 18 | M-TH  | \$264/\$274/\$284 |
| 5833 | 1pm-4pm | Jun 21-Jun 25 | M-TH  | \$264/\$274/\$284 |
| 5834 | 1pm-4pm | Jun 28-Jul 2  | M-TH  | \$264/\$274/\$284 |
| 5835 | 1pm-4pm | Jul 5-Jul 9   | M-TH  | \$264/\$274/\$284 |

Daily Fee

| Code | Session   | M/R/NR         |
|------|-----------|----------------|
| 5881 | Daily Fee | \$76/\$86/\$96 |

| Code | Time           | Session       | Day   | Fee  |
|------|----------------|---------------|-------|------|
| 5807 | 12:15pm-1:00pm | Jul 12-Jul 16 | TU/TH | \$33 |
| 5808 | 12:15pm-1:00pm | Jul 19-Jul 23 | TU/TH | \$33 |
| 5809 | 12:15pm-1:00pm | Jul 26-Jul 30 | TU/TH | \$33 |
| 5810 | 12:15pm-1:00pm | Aug 2-Aug 6   | TU/TH | \$33 |
| 5811 | 12:15pm-1:00pm | Aug 9-Aug 13  | TU/TH | \$33 |

| Code | Time    | Session       | Day  | M/R/NR            |
|------|---------|---------------|------|-------------------|
| 5821 | 1pm-3pm | Jul 12-Jul 16 | M-TH | \$176/\$186/\$196 |
| 5822 | 1pm-3pm | Jul 19-Jul 23 | M-TH | \$176/\$186/\$196 |
| 5823 | 1pm-3pm | Jul 26-Jul 30 | M-TH | \$176/\$186/\$196 |
| 5824 | 1pm-3pm | Aug 2-Aug 6   | M-TH | \$176/\$186/\$196 |
| 5825 | 1pm-3pm | Aug 9-Aug 13  | M-TH | \$176/\$186/\$196 |

Register for the entire summer and save! Get 1 week FREE

| Code | Time    | Session      | Day  | M/R/NR                   |
|------|---------|--------------|------|--------------------------|
| 5876 | 1pm-3pm | Jun 1-Aug 13 | M-TH | \$1716 / \$1816 / \$1916 |

| Code | Time    | Session       | Day  | Fee M/R/NR        |
|------|---------|---------------|------|-------------------|
| 5836 | 1pm-4pm | Jul 12-Jul 16 | M-TH | \$264/\$274/\$284 |
| 5837 | 1pm-4pm | Jul 19-Jul 23 | M-TH | \$264/\$274/\$284 |
| 5838 | 1pm-4pm | Jul 26-Jul 30 | M-TH | \$264/\$274/\$284 |
| 5839 | 1pm-4pm | Aug 2-Aug 6   | M-TH | \$264/\$274/\$284 |
| 5840 | 1pm-4pm | Aug 9-Aug 13  | M-TH | \$264/\$274/\$284 |

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| Code | Time    | Session      | Day  | Fee M/R/NR              |
|------|---------|--------------|------|-------------------------|
| 5880 | 1pm-4pm | Jun 1-Aug 13 | M-TH | \$2,554 /\$2654/ \$2754 |

Junior Start Restart

Ages 12-17 • Indoor Tennis Courts

Junior Start Restart is a beginner class for 12-17 year olds. In this class, your child will learn all the techniques and fundamental strokes of the game. Students will learn to keep score as well as singles and doubles strategies. 1 week sessions.

| Code | Time          | Session       | Day   | Fee  |
|------|---------------|---------------|-------|------|
| 5865 | 4:00pm-5:30pm | Jun 1-Jun 4   | TU/TH | \$44 |
| 5866 | 4:00pm-5:30pm | Jun 7-Jun 11  | TU/TH | \$44 |
| 5867 | 4:00pm-5:30pm | Jun 14-Jun 18 | TU/TH | \$44 |
| 5868 | 4:00pm-5:30pm | Jun 21-Jun 25 | TU/TH | \$44 |
| 5869 | 4:00pm-5:30pm | Jun 28-Jul 2  | TU/TH | \$44 |
| 5870 | 4:00pm-5:30pm | Jul 5-Jul 9   | TU/TH | \$44 |

Register for the entire summer and save! Get 1 week FREE

| Code | Time          | Session      | Day   | Fee   |
|------|---------------|--------------|-------|-------|
| 5890 | 1:00pm-5:30pm | Jun 1-Aug 13 | TU/TH | \$484 |

| Code | Time          | Session       | Day   | Fee  |
|------|---------------|---------------|-------|------|
| 5871 | 4:00pm-5:30pm | Jul 12-Jul 16 | TU/TH | \$44 |
| 5872 | 4:00pm-5:30pm | Jul 19-Jul 23 | TU/TH | \$44 |
| 5873 | 4:00pm-5:30pm | Jul 26-Jul 30 | TU/TH | \$44 |
| 5874 | 4:00pm-5:30pm | Aug 2-Aug 6   | TU/TH | \$44 |
| 5875 | 4:00pm-5:30pm | Aug 9-Aug 13  | TU/TH | \$44 |



Middle School / High School - Elite Academy

Outdoor Clay Courts

The MS/ HS/ ÉLITE Academy is designed for players that want to take their game to the next level. MS/ HS/ ELITE Academy players will be challenged in a fun yet competitive environment. The Summer Academy will be based on improving every aspect of your athletes’ game: technical, tactical and fitness. A strong emphasis will be focused on match play strategy and score awareness for both singles and doubles. MS/ HS players will be encouraged to play local USTA tournaments. ELITE players will be EXPECTED to play USTA local, Midwest and National level Tournaments.

NEW THIS SUMMER!

Friday is match play day! In addition, Jake Vojtsek Senior, Trainer CPT, BS will be working with the players to improve tennis fitness both on and off the courts Monday, Wednesday, and Thursday 12:00pm-12:50pm

| Code | Time    | Session       | Day  | Fee M/R/NR        |
|------|---------|---------------|------|-------------------|
| 5850 | 1pm-5pm | Jun 1-Jun 4   | TU-F | \$320/\$330/\$340 |
| 5851 | 1pm-5pm | Jun 7-Jun 11  | M-F  | \$399/\$419/\$429 |
| 5852 | 1pm-5pm | Jun 14-Jun 18 | M-F  | \$399/\$419/\$429 |
| 5853 | 1pm-5pm | Jun 21-Jun 25 | M-F  | \$399/\$419/\$429 |
| 5854 | 1pm-5pm | Jun 28-Jul 2  | M-F  | \$399/\$419/\$429 |
| 5855 | 1pm-5pm | Jul 5-Jul 9   | M-F  | \$399/\$419/\$429 |

Match Play Only

| Code | Day | Time    | M/R/NR |
|------|-----|---------|--------|
| 5888 | F   | 1pm-5pm | \$50   |

Daily Fee

| Code | Session   | M/R/NR           |
|------|-----------|------------------|
| 5887 | Daily Fee | \$99/\$109/\$119 |

| Code | Time    | Session       | Day | Fee M/R/NR        |
|------|---------|---------------|-----|-------------------|
| 5856 | 1pm-5pm | Jul 12-Jul 16 | M-F | \$399/\$419/\$429 |
| 5857 | 1pm-5pm | Jul 19-Jul 23 | M-F | \$399/\$419/\$429 |
| 5858 | 1pm-5pm | Jul 26-Jul 30 | M-F | \$399/\$419/\$429 |
| 5859 | 1pm-5pm | Aug 2-Aug 6   | M-F | \$399/\$419/\$429 |
| 5860 | 1pm-5pm | Aug 9-Aug 13  | M-F | \$399/\$419/\$429 |

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| Code | Time    | Session      | Day | Fee M/R/NR              |
|------|---------|--------------|-----|-------------------------|
| 5886 | 1pm-5pm | Jun 1-Aug 13 | M-F | \$3,412/ \$3512/ \$3612 |